A Panel Discussion on End-of-Life Issues
The Family Conversation
Donna Simone, Assistant Director, Staying Put in New Canaan

Resources

Book
The Conversation by Angelo Volande, MD

Websites
Begin the Conversation
www.begintheconversation.org

National Institute on Aging
www.nia.nih.gov

National Caregivers Library
http://www.caregiverslibrary.org/home.aspx

Physician Orders for Life Sustaining Treatment (POLST)
www.polst.org

U.S. Living Will Registry
liv-will1.uslivingwillregistry.com/forms.html
A Panel Discussion on End-of-Life Issues
Hospice and Palliative Care
Dr. Kristin Edwards, M.D., Yale New-Haven Health System

Resources

Books
Being Mortal by Atul Gawande
Hard Choices for Loving People by Hank Dunn

Websites
National Health Care Decisions Day
www.nhdd.org

The Conversation Project Starter Kit
http://theconversationproject.org/starter-kit/intro

CT Department of Health Advanced Care Directive Forms

National Hospice and Palliative Care Organization
http://www.nhpco.org

Get Palliative Care
www.getpalliativecare.org

The Gift of Grace Game
http://www.mygiftofgrace.com

Five Wishes:
https://agingwithdignity.org/five-wishes/about-five-wishes-nhdd
A Panel Discussion on End-of-Life Issues
Legal Aspects of End-of-Life Wishes and Care Decisions
Michelle Beltrano, J.D., R.N., Elder Law Attorney

Five things to remember about being in control of the last stage of your life…

1. Plan WHILE YOU CAN (when you are healthy)
2. Appoint the right person for the job.
3. Be candid and specific….Spend the money on yourself.
4. Appoint the right person in a new and updated writing.
5. Tell everyone! And give the right people copies.

Websites
Advance directive forms

Disposition of remains form
www.ctprobate.gov
A Panel Discussion on End-of-Life Issues
Burial and Cremation Options
Pat Stoddard, Advocate for Seniors

Some Funeral Homes in the Area

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Cognetta</td>
<td>104 Myrtle Avenue, Stamford</td>
<td>(203) 348-4949</td>
</tr>
<tr>
<td>Collins</td>
<td>92 East Avenue, Norwalk</td>
<td>(203) 866-0747</td>
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<tr>
<td>Hoyt</td>
<td>199 Main St., New Canaan</td>
<td>(203) 966-0700</td>
</tr>
<tr>
<td>Gallagher</td>
<td>2900 Summer Street, Stamford</td>
<td>(203) 327-1313</td>
</tr>
<tr>
<td>Lawrence</td>
<td>2119 Post Road, Darien</td>
<td>(203) 655-6127</td>
</tr>
<tr>
<td>Magner</td>
<td>12 Mott Ave., Norwalk</td>
<td>(203) 866-5553</td>
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</tbody>
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All these funeral homes offer cremation services as well as funeral services.

All funeral homes charge basic service fees, which range from $2,195 to $2,995 before cremation or any other burial arrangements.

Prices vary greatly from one establishment to another depending on costs of other goods and services involved such as caskets, burial vaults, embalming, transportation, use of funeral home, etc.
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Some Crematories in the Area
Abbey Cremation Services - Rocky Hill (800) 890-9000
Affordable Cremation - East Hampton (888) 437-3046
All State Cremation & Funeral Care - Hamden 203-287-8000
Connecticut Cremation Service - New Haven (800) 977-2309
County Cremation Service – Fairfield (800) 542-0218

Prices range from $995 to $1490 as of April 2016

Additional Cost Information
Death Certificates cost $20/each. You may need up to 20. (Your attorney can advise you on this number.)

Caskets for burial can cost anywhere from $1,295 to $19,000 at funeral homes. (Can be purchased ahead of time from Costco or Walmart.)

Vaults for burial (which are required by State law) can cost from $1,200 to $24,500.

Containers for cremation can cost from $50 to $3,295 depending on what they are made of. Cremated remains are returned in a plastic container, or you can purchase an urn or provide your own container.

Graves for burial of casket and vault at Lakeview Cemetery cost $3,200 as of April 2016.

Graves for cremation require permanent containers and cost $1,800 per two cremation burials.